

Weekly Menu for Holmes Dining Hall

Week of June 29 thru July 5, 2009

Breakfast

Wed	Mon	Entrées: Scrambled Eggs, Bacon, Hashbrowns Pastries: Blueberry Muffins
Tue	6/30	Entrées: Buttermilk Pancakes, Ham, Breakfast Potatoes Pastries: Coffee Cake
Wed	7/1	Entrées: Breakfast Burritos, Sausage, Breakfast Potatoes Pastries: Apple Strudel Sticks
Thu	7/2	Entrées: Eggs Benedict, Sausage, Home Fries Pastries: Bear Claws
Fri	7/3	Entrées: Biscuits & Gravy, Breakfast Potatoes Pastries: Chocolate Chip Muffins
Sat	7/4	Entrées: French Toast Sticks, Sausage, Tater Tots Pastries: Apple or Cherry Turnovers
Sun	7/5	Entrées: Scrambled Eggs, Canadian Bacon, Tri Tators Pastries: Assorted Muffins

Lunch

Mon	6/29	Soup: Potato Chowder Prima Pasta: *Pasta Bar, *Mozzarella Cheese Sticks Que Pasa: Chicken & *Cheese Flautas, Spanish Rice The DASH: Cod Veracruz, Citrus Brown Rice, Peas & Carrots Grille: Italian Chicken Sandwiches, Infinity Fries Dessert: Rice Krispie Treats
Tue	6/30	Soup: Beef Noodle Soup Pizzeria: Chicken Alfredo, *Olive & Tomato Wok & Roll: Thai Basil Chicken, Pork Stir-Fry, Fried Rice The DASH: Herbed Pork Loin, Quinoa Pilaf, Yellow Squash Grille: Turkey Burgers, *Veggie Kebabs, Infinity Fries Dessert: Apple Crisp
Wed	7/1	Soup: Chili w/ Meat Prima Pasta: *Pasta Bar, Breaded Ravioli Qué Pasa: Super Nacho Bar The DASH: Chicken Gumbo, Brown Rice, Collard Greens Grille: Braised Beef Short Ribs, Spicy Red Pepper Coleslaw Dessert: Banana Bars w/ Cream Cheese Icing
Thu	7/2	Soup: Chicken Noodle Soup Pizzeria: Double Sausage, *Tomato Herb Wok & Roll: Chicken, Beef, or *Veggie Stir-Fry, Steamed Rice The DASH: Cranberry BBQ Turkey, Sweet Potatoes, Veggies Grille: Spicy Chicken Wings, *Zucchini Quiche Dessert: Funnel Cakes
Fri	7/3	Soup: Chicken Andouille Gumbo Prima Pasta: *Pasta Bar, *Manicotti The DASH: Chicken Charoses, Roasted Red Potatoes, Broccoli Qué Pasa: Crispy Ranch Chicken Salad Grille: Jalapeno Poppers, Popcorn Shrimp, Calamari Rings Dessert: Peanut Butter Cookies
Sat	7/4	Soup: Soup Du Jour Pizzeria: Cheeseburger, *Cook's Specialty Veggie The DASH: Jerk Chicken, Red Beans & Rice, Aztec Salad Que Pasa: Pork or *Tofu Tamales, Refried Beans, Spanish Rice Grille: Sausage Bar (Polish, Italian, Brats, Hot Dogs), Fries Dessert: Cupcakes
Sun	7/5	Soup: Soup Du Jour Pizzeria: *Veggie Pesto, Cook's Specialty Meat The DASH: Grilled Cape Capensis, Quinoa, Wilted Spinach Grille: Crispy Chicken Sandwiches, Mixed Veggies Dessert: Chocolate Cupcakes

Dinner

Mon	6/29	Home Plate: Grilled Mahi Mahi w/ Ancho Chile Butter, *Vegetable Quiche, Au Gratin Potatoes, Broccoli Pizzeria: Southwest Chicken, *Olive & Tomato Wok & Roll: Chicken, Beef, or *Veggie Stir-Fry, Fried Rice Deli Bar: Turkey, Ham, or Roast Beef Sandwiches Dessert: Lemon Layer Cake
Tue	6/30	Prima Pasta: *Pasta Bar, Italian Sausage Lasagna Qué Pasa: Ancho Chicken Chile Burritos, Tacos, Spanish Rice Grille: Grilled Trout, Corn on the Cob, Vegetarian Baked Beans Deli Bar: Turkey, Ham, or Roast Beef Sandwiches Dessert: Popsicles
Wed	7/1	Home Plate: Hamburgers, *Garden Burgers, Fries Pizzeria: Sausage Stromboli, *Cook's Specialty Veggie Wok & Roll: Chicken, Pork, or *Veggie Stir-Fry, Steamed Rice Deli Bar: Turkey, Ham, or Roast Beef Sandwiches Dessert: Assorted Pies
Thu	7/2	Home Plate: Almond Crumb Chicken, *Vegetarian Strudel, Wild Rice Blend, Roasted Vegetable Medley, Green Beans Prima Pasta: *Pasta Bar, Stuffed Shells Que Pasa: Super Tostada Bar, Black Beans & Tomatoes Deli Bar: Turkey, Ham, or Roast Beef Sandwiches Dessert: Ice Cream Novelties
Fri	7/3	Pizzeria: Sausage & Black Olives, *Zucchini & Tomatoes Wok & Roll: Beef, Chicken, or *Veggie Stir-Fry, Brown Rice Grille: Grilled Tuna w/ Chipotle Salsa, Black Beans & Corn O'Brien, Rissolle Potatoes Deli Bar: Turkey, Ham, or Roast Beef Sandwiches Dessert: Coconut Cream Pie
Sat	7/4	Home Plate: Meatball Sandwiches, *Vegetarian Pita Pockets, Ranch Potato Wedges, Mixed Veggies Prima Pasta: *Pasta Bar, Sausage Calzones Wok & Roll: Chicken, Pork, and *Veggie Stir-Fry, Steamed Rice Deli Bar: Turkey, Ham, or Roast Beef Sandwiches Dessert: Cheesecake
Sun	7/5	Prima Pasta: *Pasta Bar, *Grilled Vegetable Lasagna Que Pasa: Chicken Taquitos, Ancho Rice, Refried Beans Grille: Blackened Chicken, Hush Puppies, Candied Yams Deli Bar: Turkey, Ham, or Roast Beef Sandwiches Dessert: Angel Food Cake

HOURS OF OPERATION

RETAIL DINING

Einstein Bros.® Bagels

Mon - Fri, May 11 thru August 21
7:30 a.m. - 2:00 p.m.

Starbucks® Coffee

Mon - Fri, May 11 thru August 21
7:30 a.m. - 4:00 p.m.

Subway®

Mon - Fri, May 11 thru August 19
10:30 a.m. - 4:00 p.m.

Taco Bell® Express

Mon - Fri, June 8 thru August 4
11:00 a.m. - 2:00 p.m.

Coffee Corner at Michener

Mon - Fri, June 8 thru August 4
8:00 a.m. - 2:00 p.m.

SUMMER 2009



DINING ROOMS

Holmes Dining Hall

Mon - Sun, June 8 thru August 19
Breakfast: 7:00 a.m. - 8:30 a.m.

Lunch: 11:00 a.m. - 1:00 p.m.

Dinner: 4:30 p.m. - 6:00 p.m.

UC Food Court

Mon - Fri, June 5 thru August 4
Lunch: 11:00 a.m. - 1:00 p.m.

For daily menus, please call the FoodLine at 970.351.FOOD (3663) or visit www.unco.edu/dining
* = Featured Vegetarian Entrée
Salad Bar available daily.
Menu subject to change due to product availability.

“We Feed the Bears!”

UNC Dining Services serves and uses the following products in meal preparation: milk, eggs, peanuts, tree nuts, fish, shellfish, wheat, and products containing gluten and soy. For allergy concerns, please contact the unit manager or the Dining Services main office located in Tobey-Kendel Hall, room 120.

